



WHS-12A

WORKING AT HEIGHTS CHECKLIST: PART A

This hazard control checklist shall be completed if working at heights is identified in the preparation of a Job Safety and Environment Analysis (JSEA).

Description of work at heights task:	Work order number:
Location:	Asset name:
EWP, Crane, Scissor lift, Forklift type:	Pre-start Log Book completed by:

Work at heights type:	<input type="checkbox"/> 2m or greater fall height possible	<input type="checkbox"/> <2m into an area containing a hazard
Means of access to location at height:	<input type="checkbox"/> Existing platform, walkway, access way	<input type="checkbox"/> Erection of scaffolding
	<input type="checkbox"/> Fixed ladder, stairway or portable ladder	<input type="checkbox"/> Elevated work platform (EWP), including scissor lift
	<input type="checkbox"/> Other (crane or forklift work box, etc):	

WORKING AT HEIGHT CONTROLS:

BARRICADE	PREVENTION OF FALLING OBJECTS
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<input type="checkbox"/> Solid barrier with top rail, mid rail and kick boards (<i>mandatory above 2m</i>)	<input type="checkbox"/> Erection of toe boards, infill, mesh guards, etc on all edge protection
<input type="checkbox"/> Soft barrier wet and slippery surfaces accounted for	<input type="checkbox"/> Erection of containment sheeting on work platforms and scaffolds

PERSONAL FALL PROTECTION	<input type="checkbox"/> Erection of overhead protection
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<input type="checkbox"/> Fall restraint system	<input type="checkbox"/> Establishment of an exclusion zone below the work area via barricades and signs
<input type="checkbox"/> Fall arrest system	<input type="checkbox"/> Fragile and wet surfaces/rooftops
<input type="checkbox"/> Anchorage inspected and approved for use	<input type="checkbox"/> Other:

<input type="checkbox"/> Safety observer	PERSONAL PROTECTIVE EQUIPMENT (PPE)
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<input type="checkbox"/> Tool restraints	<input type="checkbox"/> Safety helmet <input type="checkbox"/> Safety glasses <input type="checkbox"/> Safety Harness <input type="checkbox"/> Lanyard
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RESCUE/RETRIEVAL CONSIDERATIONS: The following controls should be considered in situations involving the use of fall arrest harness systems

<input type="checkbox"/> Personnel involved in the work are competent to perform rescue/retrieval	<input type="checkbox"/> Any additional requirements for rescue/retrieval are able to be enacted immediately
<input type="checkbox"/> Additional retrieval/rescue equipment is available at the immediate work location	<input type="checkbox"/> Other:

Prepared/Authorised by:	Name:	Signed:	Date:
	Supervisor:	Signed:	Date:
	Safety Observer:	Signed:	Date:



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WORKING AT HEIGHTS CHECKLIST: PART B

This equipment Inspection checklist shall be filled out covering all Working at Heights equipment to be used. **Any Defective equipment shall be removed from service and tagged immediately**

Type of equipment: (Harness, lanyard etc)	Equipment Manufacturer:	Serial Number	Year of Manufacture:	Remove from service date:

Harnesses, Lanyards and associated equipment

Webbing:	<input type="checkbox"/> No cuts or tears	<input type="checkbox"/> No abrasion damage	<input type="checkbox"/> No damage due to contact with heat, oils or chemicals.	<input type="checkbox"/> No deterioration due to rotting, mildew or UV exposure	<input type="checkbox"/> No activation of fall indicators where fitted.
Snap Hooks and Carabiners:	<input type="checkbox"/> No distortion of hook or latch.	<input type="checkbox"/> Free from dirt or other obstructions.	<input type="checkbox"/> No cracks or wear at swivels and latch points.	<input type="checkbox"/> No free movement of the latch over its full travel.	<input type="checkbox"/> No broken, weak or missing latch springs.
D-Rings:	<input type="checkbox"/> No excessive vertical movement of the D-ring	<input type="checkbox"/> No cracks, especially at the joins of straight and curved sections.	<input type="checkbox"/> No distortion or other physical damage of the D-ring	<input type="checkbox"/> No excessive loss of cross section due to wear.	
Buckles and adjusters:	<input type="checkbox"/> No distortion or other physical damage	<input type="checkbox"/> No cracks	<input type="checkbox"/> No bent tongues		
Stitching:	<input type="checkbox"/> No broken, cut or worn threads.	<input type="checkbox"/> No damage or weakening of threads.	<input type="checkbox"/> No signs of contact with heat, oils or other chemicals.		
Ropes:	<input type="checkbox"/> No cuts	<input type="checkbox"/> No abrasion or fraying	<input type="checkbox"/> No stretching	<input type="checkbox"/> No damage due to contact with heat, oils or chemicals.	<input type="checkbox"/> No deterioration due to UV's or mildew

Fall Arrest Devices

Rope or Webbing:	<input type="checkbox"/> No cuts	<input type="checkbox"/> No Fraying or abrasion	<input type="checkbox"/> No damage due to contact with heat, oils or chemicals.	<input type="checkbox"/> No excessive dirt or grease/oil impregnation	<input type="checkbox"/> No activation of fall indicators where fitted.
Mounting Ring:	<input type="checkbox"/> No physical damage or wear	<input type="checkbox"/> No cracks, especially in corners	<input type="checkbox"/> Check mounting security	<input type="checkbox"/> No wear or damage around pivot points	
Device Body:	<input type="checkbox"/> No significant dents, distortion, corrosion or cracks	<input type="checkbox"/> No loose or missing screws, nuts or bolts (external check only)	<input type="checkbox"/> No foreign bodies such as small stones within the body (To be checked without dismantling)	<input type="checkbox"/> Correct use labels and service label/tag is present and legible.	
Hardware:	<input type="checkbox"/> Check the condition and locking action of any associated snap hooks, links and the condition of anchorage points to be used.				